

Section on a specific subject from:

DATABOOK OF HAPPINESS

A complementary reference work to
Conditions of Happiness

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S 6 SPORTS

S 6.1 Sports - practice and ability

S 6.2 Interest in sports

S 6.3 Attitudes towards sports

S 6.1 - SPORTS - PRACTICE AND ABILITY

BEING AN ATHLETE	College women (sample I) vs athletes (sample II)	See also sample construction in excerpt (Part II).	AFF 1.1	G'	+.39	Gt'	01	College women and woman athletes, U.S.A. Non-probability chunk samples N: 603, date: —	SNYDE 75 p. 195
			COMP 1.1	G'	+.32	Gt'	01		
			COMP 1.1	G'	+.32	Gt'	01		
BEING A GYMNAST	Basketball players vs gymnasts	Computed for athletes only	AFF 1.1	G'	+.17	Gt'	ns	See above	SNYDE 75 p. 197
			COMP 1.1	G'	+.22	Gt'	ns		
			COMP 1.1	G'	+.12	Gt'	ns		
ATHLETICS, skill in and devotion to	Cl: -master rating on a 7-point scale on the basis of observation		AFF 5.3	r _{pm}	+.30			Schoolboys, England Non-probability chunk sample N: 140, date: 1912 - 1913	WEBB 15 p. 27
ATHLETICS	Rating on 7-point scales by (student)captains of various athletic clubs and by a staff member		AFF 5.2	r _{pm}	+.39			Male students, England Non-probability chunk sample N: 194, date: 1912 - 1913	WEBB 15 p. 26
PLAYING SPORTS	No sports vs sports	L-shaped curve: significant relationship among the more unhappy students only.	COMP 2.2		+		s	Female college students, New York, U.S.A. Type of construction unclear N: 238, date: —	WASHB 41 p. 283
PARTICIPATING IN SPORTS	Closed question: not at all / once / more than once in the past week	Lower among males: G = +.06 Stronger among females: G = +.46	HAPP 1.1	G	+			Adults, Metro Manila, Philippines Probability area sample N: 941, date: January - April, 1972	BULAT 73 p. 232
		Lower among males: G = +.19 Stronger among females: G = +.24	HAPP 3.1	G	+				
PLAYING SPORTS	Closed question: infrequently or never / some / frequently	Lower among males: G = +.04 (ns) Stronger among females: G = +.24 (01)	HAPP 1.1	G	+.14	Chi ²		Adults, Toledo, U.S.A. Systematic random sample N: 510, date: 1973	SNYDE 74 p. 34
		Lower among males: G = +.07 (ns) Stronger among females: G = +.16 (ns)	HAPP 2.1	G	+.10	Chi ²	ns		
PARTICIPATING IN GAMES OR SPORTS ACTIVITIES	Closed question: not at all / once / several times / every day / more than once a day during last week	Computed for Index of Positive Affects only: G' = +.15 (05) Stronger among males: G' = +.20 (01) Lower among females: G' = +.10 (01) Unrelated to Index of Negative Affects	AFF 2.3	G'	+	Gt'		Inhabitants of 4 small communities, Illinois, U.S.A. Probability multi stage samples N: 2008, date: March, 1962	BRADB 65/1 p. 49
ACTUAL SPORTING	Closed question: no vs yes		HAPP 2.1	G	+.07	Chi	ns	Male employees of age 40+, The Netherlands Non-probability chunk sample N: 13000, date: —	SONDE 75

S 6.2 - INTEREST IN SPORTS

WATCHING SPORTS	Closed question: infrequently or never / sometimes / frequently	Lower among males: G = +.08 (ns)	HAPP 1.1	G	+ .19	Chi ²	Adults, Toledo, Ohio, U.S.A. Systematic random sample N: 510, date: 1973	SNYDE 74 p. 34
		Stronger among females: G = +.33 (01)	HAPP 2.1	G	+ .20	Chi ²		
TALKING ABOUT SPORTS	Closed question: infrequently or never / sometimes / frequently	Stronger among females: G = +.30 (05)	HAPP 1.1	G	+	Chi ²	See above	SNYDE 74 p. 34
		Lower among males: G = +.15 (ns)	HAPP 2.1	G	+	Chi ²		
READING SPORTS PAGE	Closed question: not at all / sometimes / thoroughly	Lower among males: G = +.23 (ns)	HAPP 1.1	G	+	Chi ²	See above	SNYDE 74 p. 34
		Stronger among females: G = +.39 (01)	HAPP 2.1	G	+	Chi ²		
SUBSCRIBE/READ SPORTS MAGAZINES	Direct yes/no question	Males: G = +.29 (ns)	HAPP 1.1	G	+	Chi ²	ns	See above
		Females: G = +.33 (01)	HAPP 2.1	G	+	Chi ²		
BEHAVIORAL INVOLVEMENT IN SPORTS	5-item index of closed questions on playing sports, watching sports, talking about sports, reading sports page, and subscribe/read sports magazines (see above)	Lower among males: G = +.13 (ns)	HAPP 1.1	G	+	Chi ²	ns	See above
		Stronger among females: G = +.28 (05)	HAPP 2.1	G	+	Chi ²		
KNOWLEDGE ABOUT SPORTS	Measurement by having respondents match a 12-item list of famous sports personalities with their appropriate sports sphere	Males: G = +.26 (ns)	HAPP 1.1	G	+	Chi ²	ns	See above
		Females: G = +.29 (05)	HAPP 2.1	G	+	Chi ²		
ATTENDING GAMES OR SPORTS ACTIVITIES	Closed question: not at all / once / several times / every day / more than once a day during last week	Lower among males: G = +.01 (ns)	HAPP 1.1	G	+	Chi ²	ns	See above
		Stronger among females: G = +.19 (ns)	HAPP 2.1	G	+	Chi ²		
BEHAVIORAL INVOLVEMENT IN SPORTS	5-item index of closed questions on playing sports, watching sports, talking about sports, reading sports page, and subscribe/read sports magazines (see above)	Lower among males: G = +.11 (ns)	HAPP 1.1	G	+	Chi ²	ns	See above
		Stronger among females: G = +.25 (ns)	HAPP 2.1	G	+	Chi ²		
KNOWLEDGE ABOUT SPORTS	Measurement by having respondents match a 12-item list of famous sports personalities with their appropriate sports sphere	Stronger among females	HAPP 1.1	G	+ .24		See above	SNYDE 74 p. 32
		Lower among males	HAPP 2.1	G	+ .23			
KNOWLEDGE ABOUT SPORTS	Measurement by having respondents match a 12-item list of famous sports personalities with their appropriate sports sphere	Stronger among females	HAPP 1.1	G	+ .07		See above	SNYDE 74 p. 32
		Lower among males	HAPP 2.1	G	+ .07			
ATTENDING GAMES OR SPORTS ACTIVITIES	Closed question: not at all / once / several times / every day / more than once a day during last week	Computed for Index of Positive Affects only: G' = +.19 (01) Unaffected by sex Stronger among those of high S.E.S.: G' = +.15 (05) Lower among those of low S.E.S.: G' = +.07 (ns) Unrelated to Index of Negative Affects	AFF 2.3	G'		Gt'	Inhabitants of 4 small communities, Illinois, U.S.A. Probability multi stage samples N: 2006, date: March, 1962	BRADB 65/1 p. 48

S 6.3 - ATTITUDES TOWARDS SPORTS

SPORTS SEEN AS A WAY TO RELAX	Closed question: disagree / not sure / agree	Males: G = +.06 (ns)	HAPP 1.1	G	+	Chi ²	ns	Adults, Toledo, Ohio, U.S.A. Systematic random sample N: 510, date: 1973	SNYDE 74 p. 35
		Females: G = +.13 (ns)	HAPP 2.1	G	+	Chi ²			
SPORTS SEEN AS A WASTE OF TIME	Closed question: disagree / not sure / agree	Males: G = +.15 (ns)	HAPP 1.1	G	-	Chi ²	ns	See above	SNYDE 74 p. 35
		Females: G = +.08 (ns)	HAPP 2.1	G	-	Chi ²			

LITTLE SATISFACTION RECEIVED
FROM SPORTS

Closed question: disagree / not sure / agree

Unaffected by sex

HAPP 1.1 G

-.25

Chi²

ns

Adults, Toledo, Ohio, U.S.A.
(See last page)

SNYDE 74
p. 35

SPORTS SEEN AS HELP AGAINST
WORRIES AND PRESSURES OF THE DAY

Closed question: disagree / not sure / agree

Males: G = -.33 (01)
Females: G = -.25 (ns)

HAPP 2.1 G

-

Chi²

ns

See above

SNYDE 74
p. 35

AFFECTIVE INVOLVEMENT IN SPORTS

4-item index of agree/disagree statements on
sports are a way to relax, sports are a waste
of time, little satisfaction received from
sports and sports are a help against worries
and pressures
(see above)

Males: G = +.02 (ns)
Females: G = +.03 (ns)

HAPP 1.1 G

+

Chi²

ns

See above

SNYDE 74
p. 32

Stronger among males: G = +.13 (ns)
Lower among females: G = +.03 (ns)

HAPP 2.1 G

+

Chi²

ns

Unaffected by sex

HAPP 1.1 G

+.16

Chi²

ns

Stronger among males
Lower among females

HAPP 2.1 G

+.15